

THERE IS

healing help hope



Professional counseling care is available to our church members through the CFS Member Assistance Program (MAP).

Contact the church office for more information.

Additional Services and Resources Available through CFS:

- Higher levels of care for more acute needs (in Wisconsin and Minnesota)
- Educational presentations
- Helpful articles, therapist blogs, teen Q & A
- Online learning courses on topics like anxiety, resilience, and parenting
- HealthyMe x3 toolkits to help teach children to grow in emotional wellness
- Mental Health Moments - faith-fueled, evidence-based practices you can use for your mental, emotional, and spiritual well-being. Straight from our counselors to your email inbox weekly!

800-438-1772 | ChristianFamilySolutions.org



**LEARN ABOUT
MAP SERVICES:**



**DONATE TO
SUPPORT:**



OUR MISSION: Healing and helping people in need through the ministry of Jesus Christ—Since 1965