

WELLNESS SERVICES AVAILABLE

at our school

**If you're anxious, stressed,
or just need to chat,
our school's Wellness
Specialist is available to
support you.**

Drop by and let's talk!



**MEET YOUR
WELLNESS
SPECIALIST**

Name: _____
Room Number: _____
Phone Number: _____
Email: _____

Services are offered in partnership with:



800-438-1772 | ChristianFamilySolutions.org



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**Let's work
together to
make every
student feel
safe and
supported.**

Reach out to our Wellness Specialist for tools, strategies, and resources to support mental and emotional well-being.

MEET YOUR WELLNESS SPECIALIST

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Phone Number: _____

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Let's partner together to nurture mental well-being!

Our school's Wellness Specialist can provide resources and support to help children navigate their feelings and challenges.



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