

COUNSELING SERVICES AVAILABLE

at our school

COUNSELING HELPS ADDRESS:

- Relationship problems
- Self-esteem issues
- Feelings of loneliness
- Issues at home
- Self-harm behaviors
- Traumatic experiences
- Bullying concerns
- Anxiety and depression
- Life choices



MEET YOUR COUNSELOR:

Name: _____

Room Number: _____

Phone Number: _____

Email: _____

Services are offered in partnership with:



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