



# Behavioral Health Home Services

BY CFS



## Your “Home Team” supporting all your health and wellness needs.

Many times, mental health care overlaps into other areas of your life and health care. To help you navigate through it all, Christian Family Solutions (CFS) offers Behavioral Health Home (BHH) to coordinate your care across all your service needs.

Your BHH team will simplify your experience so you can concentrate on your health goals and being well again – physically, mentally, and emotionally. Coordinating your care can improve outcomes, reduce costs, and help you reach your goals faster.

Think of BHH as your “home team” supporting your journey to health and wellness.

## BHH services through CFS include:

- Working with you to create an action plan for your health conditions and life situations
- Helping you access regular medical and mental health services
- Connecting you with social and community support services
- Coordinating all your health care and social service needs so they are easier for you to manage
- Providing information that helps you make informed, healthy choices
- Essentially, we'll help you find SOLUTIONS!

### Who is eligible for this service?

- Individuals receiving Medical Assistance
- Adults with a diagnosis of serious mental illness (SMI)
- Children with a diagnosis of emotional disturbance (ED)

### How do I enroll?

- Ask CFS about a referral for BHH services
- If you qualify for services, we'll walk you through the enrollment process



CFS is a certified provider of Behavioral Health Home services through the Minnesota Department of Human Services. BHH services are made possible through the Patient Protection and Affordable Care Act of 2010.

