

# **STRONG** Day Treatment Program

*There is always hope for healing*



## **Day treatment services are now available.**

This program provides a safe, structured environment to help kids overcome emotional and behavioral challenges. Kids can enroll in the program at any time.

### **What is day treatment?**

STRONG provides year-round intensive mental health services to children and adolescents (ages 5-14) in a safe and structured setting.

### **STRONG day treatment is:**

- Trauma-informed and culturally-sensitive therapy
- 3-4 hours per day of group therapy, plus individual and family therapy
- Morning and afternoon groups that run Monday through Friday
- 5 days a week for about 2 to 3 months

### **Day treatment can help with these problems:**

- Difficulty because of stressful events such as gun violence, domestic violence, physical or sexual abuse, personal injury, or death of a loved one
- Risk of academic suspensions or expulsions
- Defiance, rage, outbursts, threats, or aggression
- Drug use, school truancy, or police contact
- Hyperactivity, impulsive behavior, or difficulty paying attention

### **Where does day treatment take place?**

St. Marcus School—North Campus  
2669 N. Richards Street  
Milwaukee, WI 53212

### **How can a child be referred?**

- Children can be referred by their parents, school, or outpatient providers.
- Call **262.293.9747** to speak to a staff member. They will ask more about your child and schedule a diagnostic assessment with the STRONG program psychologist to determine if day treatment is the best fit for your child.
- Prior to a child beginning the program, a parent or legal guardian will need to meet with our staff to review program expectations. A separate meeting will also be scheduled to sign consents for treatment.

### **What is the cost of day treatment?**

We accept most major insurance plans, and many insurance networks cover the cost of day treatment.

### **How will my child get to day treatment?**

Medicaid will pay for medical transportation to bring children to and from the STRONG program.

### **What happens after my child completes day treatment?**

The treatment team will work with you to create an appropriate aftercare plan for your child. Your child will have the opportunity to participate in the STRONG aftercare group.

**Call 262.293.9747 to get started. Visit [ChristianFamilySolutions.org](http://ChristianFamilySolutions.org) for more info.**