

STRONG

CHILD & ADOLESCENT DAY TREATMENT

*Evidence-based treatment.
Unconditional love.*



STRONG is trauma-informed care for children and adolescents who are suffering from mental or behavioral health challenges.

- Children and adolescents ages 4-18
- 3 hours per day of group therapy including individual and family therapy
- Morning and afternoon groups run Monday through Friday
- Average length of stay is 5-7 months, depending on the diagnostic assessment
- We accept referrals from parents, schools, and behavioral health or medical providers

REFER or LEARN MORE

Call **262-293-9747** to speak to a staff member.

- We will schedule a diagnostic assessment to determine if day treatment is the best fit.
- Prior to beginning at STRONG, a parent or legal guardian must meet with our staff to review program expectations and sign consents for treatment.

Many insurance networks cover the cost of day treatment. We accept most major insurance plans.

For qualifying families, Medicaid pays the cost of medical transportation to and from the STRONG program.

STRONG is a service of Christian Family Solutions (CFS) Counseling Care and Services.

*If in-person treatment at STRONG is not possible, CFS offers a virtual day treatment program for adolescents ages 11-18. Call the CFS Intake team at **800-438-1772** to learn more.*

LOCATION

510 East Burleigh Street,
Milwaukee, WI 53212



**Learn more about
the STRONG
program in this
e-book:**



STRONG outcomes for children, adolescents, families, and communities

STRONG is designed to discover and address the root causes of the behavior that prompted a referral to our program. We focus on healing the brain, then equipping children and adolescents with the behavioral and coping skills they can apply when challenged in the future in other settings. We provide care from a Christ-centered approach, focusing on loving and compassionate interactions to build trusting relationships.

Day treatment can help with:

- Involvement in impulsive or risky behaviors
- Withdrawal
- School refusal
- Hyperactivity and lack of focus
- Defiance, rage, outbursts, threats, or other aggressive behavior

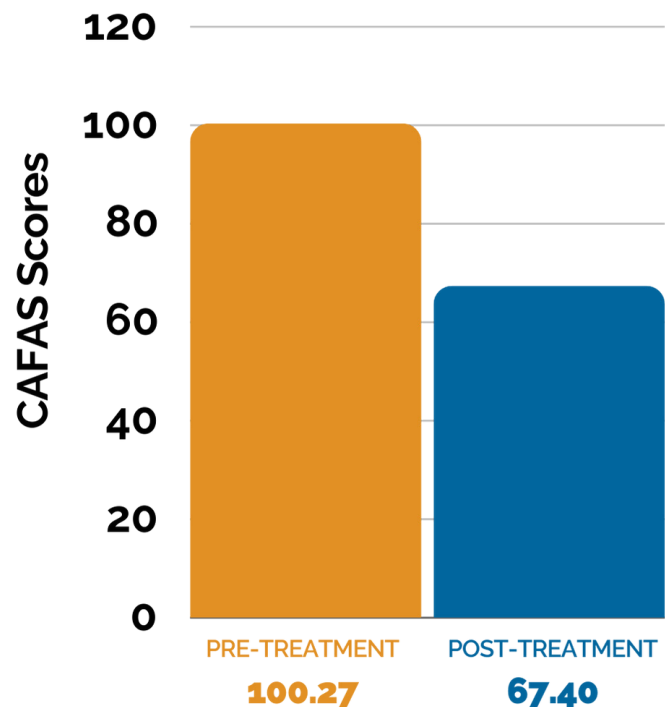
STRONG Outcomes

The **Child & Adolescent Functional Assessment System (CAFAS)** is the most widely used and respected scale to measure day-to-day functioning in critical areas such as moods, emotions, thinking through problems, and behavior toward others.

Lower scores = Better functioning

Mental health practitioners use the CAFAS to track outcomes and inform decisions about treatment. A lower score indicates better functioning in these areas. This graph reflects the change in assessment score from **admission to discharge**.

(Standard Deviation: 3.148)



STRONG is a service of Christian Family Solutions, providing counseling care and services since 1965.



800-438-1772 | ChristianFamilySolutions.org