

Winter 2013-2014 Ministry Update

Christian Family Counseling Office Locations

God is blessing our counseling ministry, and we are thrilled to have 24 WELS/ELS counselors with different specialty areas at clinics in Wisconsin, Minnesota, and Michigan.

Wisconsin:

- 1049 N. Lynndale Drive, Suite 1B, Appleton, WI
- 17100 W. North Avenue, Suite 202, Brookfield, WI
- 757 S. Main Street, Suite 8, Fond du Lac, WI
- W175 N11120 Stonewood Drive, Germantown, WI
- HOPE Christian School: Fortis—3601 N. Port Washington Road, Milwaukee, WI
- HOPE Christian School: Prima—2345 N. 25th Street, Milwaukee, WI
- St. Marcus Lutheran School—2215 N. Palmer Street, Milwaukee
- St. Peter Community Center—1214 S. 8th Street, Milwaukee, WI
- Risen Savior Community Center—9505 W. Brown Deer Road, Milwaukee, WI
- 9555 S. Howell Avenue, Suite 750, Oak Creek, WI
- 120 N. Main Street, Suite 340, West Bend, WI

Minnesota:

- 515 N. Riverfront Drive, Suite 220, Mankato, MN
- 19950 Dodd Boulevard, Suite 102, Lakeville, MN
- 1995 Luther Court, New Ulm, MN

Michigan:

- 1660 Haslett Road, Suite 1, Haslett, MI

Our counselors are certified to provide distance counseling via video through our Member Assistance Program, in addition to in-person counseling at one or more of our 15 clinic locations. For full information, visit www.ChristianFamilySolutions.org.

WLCFS-Christian Family Solutions Welcomes New Counselors

In order to support our expanding Christian counseling ministry, we are blessed to welcome three new counselors to our staff.



Rachel Miller, Psy.D., LPC, specializes in child therapy, psychodiagnostic testing, and trauma work in our Germantown office, in addition to working onsite at St. Marcus Lutheran School and Wisconsin Lutheran High School. She also provides services via video through our Member Assistance Program.

Kristina Davis, LCSW, specializes in assisting adults with anxiety, depression, childhood abuse issues, and job and family-related stress. She also counsels engaged and married couples. Kristina provides services in our Appleton, WI office.



Liz Robinson, MA, LPC, specializes in individual, group, and family therapy to children and adolescents with a focus on depression, anxiety, suicidal ideation, and self-harm. She provides services in our Brookfield, WI office, at Milwaukee HOPE School: Fortis, and via video through our Member Assistance Program.

To learn more about Christian Family Counseling and how WLCFS counselors specialize in many different areas of mental health, please visit our website at www.ChristianFamilySolutions.org, or contact Myles Tonnacliff at 800.438.1772 or mtonnacliff@wlcfs.org.

Two In-Home Care Programs Offered Nationwide

Two programs from Christian Family Solutions Home Care offer assistance for seniors who wish to remain in their homes, and peace of mind for their families. The **Personal Emergency Response System** provides help with just the push of a button, 24 hours a day, 7 days a week. The system works with a waterproof call button using either a neck pendant or wristband, and utilizes certified care specialists who assist when an alert is received. The **Medication Management System** helps seniors take the right medications at the right time, featuring a medication unit with visual and audible alerts. The system also includes 24-hour customer support and communication with family members if a medication time is missed.



For more information on these programs, which are part of our healing and helping ministry of compassion and offered nationwide, please contact Bryan Polinske at 888.685.9522 or bpolinske@wlcfs.org. Consultation regarding these services is also available to those utilizing the Member Assistance Program.

2013 by the Numbers...

- # of Christian Family Counseling clinics: 15
- # of Christian counselors: 24
- # of elderly cared for through our senior services: 126
- # of Member Assistance Program organizations: 254
- # of counseling hours provided: 12,524
- # of hours of care provided through our Home Care program: 16,419

We thank God for his **countless** blessings on our healing & helping ministries!

The Gardens of Hartford & Wisconsin Lutheran Living Center Offer Respite Care



The Gardens of Hartford, our assisted living facility in Hartford, WI, and Wisconsin Lutheran Living Center, our assisted living facility in Milwaukee, are privileged to provide the best in compassionate,

Christian care to seniors. This care is given to those who can no longer care for themselves. But sometimes caregivers need care, too, which is why both of our assisted living facilities offer **short-term respite care stays** that offer adult children and other caregivers a break from caregiving. These short respite stays can alleviate stress for both the older adult and the adult children, knowing that Mom or Dad is being cared for by compassionate, Christian professionals. If you are interested in learning more about our respite care, please call The Gardens of Hartford at **262.345.5590** or Wisconsin Lutheran Living Center at **414.365.0545**.

Counselor Video Chats Now Available

We've heard from many called workers that they would appreciate the opportunity to chat with a counselor on a specific topic but find it hard to find times to do so. **How would you like to bring one of our mental health professionals to your next faculty or staff meeting to discuss a topic such as bullying, teenage self-harm, risks of social media, or other pertinent topics?** We know faculty and staff meetings have very tight agendas. We can schedule a short 20- to 30-minute time for your faculty or staff to meet via video with a counselor. The counselor can provide specific information on the topic and then take questions from staff. You can use a device with a webcam or add a projector to show the image on a



larger screen. We know you are busy, and we know you'd like to be kept up to date on current topics or challenges. To schedule a quick video chat, simply call **800.438.1772** or e-mail assistance@wlcfs.org.

This service is provided at a reduced rate to organizations participating in the Member Assistance Program (MAP). Not a member but would like to take advantage of this service? Call Dan Nommensen, MAP Coordinator, at **800.438.1772** or e-mail him at assistance@wlcfs.org.

New MAP Service—Member Assessment

A new service now available to our Member Assistance Program organizations is **Member Assessment**. Pastoral counseling is a vital part of congregational or school ministry. As you work with members/students and come across a situation where there appears to be little progress and you'd like a second opinion on the member's needs, you can refer them to MAP for an assessment. The Member Assessment service was designed to be completed in one or two sessions only. The counselor will meet with the member, assess their psychological needs, and make appropriate recommendations for care. The recommendations will be shared with both the member and pastor.



This service is particularly beneficial where members may struggle with a substance abuse problem. Instead of wondering if pastoral counseling alone is the best course of action, let our staff assess the member's level of distress and help guide them to the most appropriate course of treatment.

If your organization is not a part of the Member Assistance Program and you'd like to learn more about it, please visit our website at www.ChristianFamilySolutions.org, or call Dan Nommensen at **800.438.1772** or e-mail him at assistance@wlcfs.org.



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