

## Christian Counseling Services Now Available to Our Congregation



The Member Assistance Program (MAP) is now providing confidential counseling services to our members through certified WELS Christian counselors, using secure, online video technology.

### Christian counseling staff is able to help you and your family with concerns such as:

- Stress and adjustment disorders
- Grief and loss
- Depression
- Social anxiety
- Post-traumatic stress disorder
- Marriage/couples counseling
- Parenting/family issues
- Self-esteem issues
- Substance and alcohol abuse
- Work and/or family situations

Short-term counseling is available from any private location that has an Internet connection and a web cam. Telephone counseling is also available. **If you are interested in utilizing this new resource, please talk to Pastor.**

To learn more about video-assisted counseling and WLCFS-Christian Family Solutions, please visit [www.ChristianFamilySolutions.org](http://www.ChristianFamilySolutions.org) or call 888.685.9522.



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